

The book was found

# Vegetarian Recipes In 30 Minutes Or Less: Family-Friendly Soup, Salad, Main Dish, Breakfast And Dessert Recipes Inspired By The Mediterranean Diet: Fuss-free Dinner Cookbook (Diet On A Budget 1)



## Vegetarian Recipes in 30 Minutes or Less

Family-Friendly Soup, Salad, Main Dish,  
Breakfast and Dessert Recipes  
Inspired by The Mediterranean Diet



Vesela Tabakova



## **Synopsis**

Top No-Stress Vegetarian Dinners - Spend More Time Enjoying Your Meal And Less Time CookingFor anyone trying to followÃ  a vegetarian diet - flexitarians who adopt plans like Meatless Mondays - as well as committed vegetarians and fans of Clean Eating, here is a delicious collection of ridiculously easy, meat-free mains for everyday.Inspiring and practical Vegetarian Recipes in 30 Minutes or Less features some of the tastiestÃ  and easiest vegetarian recipes on the planet! They can be served on their own or as side dishes with some meat. If youÃ  wantÃ  to get dinner on the table fast and are looking forÃ  healthy and nutritious meat-free meal ideas for you and your family, this book is for you!\*\*\*FREE BONUS RECIPES at the end of the book - 10 Ridiculously Easy Jam and Jelly Recipes Anyone Can Make!\*\*\*

## **Book Information**

File Size: 2077 KB

Print Length: 98 pages

Page Numbers Source ISBN: 1520900953

Publisher: Everyday Fuss-free Eating Meals Download with Kindle Unlimited Best Sellers (November 8, 2015)

Publication Date: November 8, 2015

Sold by:Ã  Digital Services LLC

Language: English

ASIN: B017RJWXG0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #381,763 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #66 inÃ  Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Vegan & Vegetarian > Salads #97 inÃ  Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Mediterranean #132 inÃ  Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads

## **Customer Reviews**

I'm not a vegetarian but I've found some wonderful ideas in this collection. Some would qualify as side dishes for the omnivore meal, but there are several that would make fantastic "meatless Monday" and "Veggie Vendesday" meals.

YUM! and i really am not a vegetarian but these recipes are good

Unless you want a book on an endless way to make salad with simple everyday ingredients, it is a waste of time. Not my favorite cookbook.

I never thought I could become a vegetarian. I found so many interesting recipes here, which are both healthy and new for me. I have already written down several so that I can try several.

This was a gift for one of my daughters and she really likes it. She shares the recipes she likes the most with me, as I'm a veggie too.

Great recipes and I got it at a great reduced price.

Excellent!

[Download to continue reading...](#)

Vegetarian Recipes in 30 Minutes or Less: Family-Friendly Soup, Salad, Main Dish, Breakfast and Dessert Recipes Inspired by The Mediterranean Diet: Fuss-free Dinner Cookbook (Diet on a Budget 1) Vegan Recipes in 30 Minutes or Less: Family-Friendly Soup, Salad, Main Dish, Breakfast and Dessert Recipes Inspired by The Mediterranean Diet (Free Gift): Breakfast, Lunch and Dinner Made Simple Vegetarian: 365 Days of Vegetarian Recipes (Vegetarian, Vegetarian Cookbook, Vegetarian Diet, Vegetarian Slow Cooker, Vegetarian Recipes, Vegetarian Weight Loss, Vegetarian Diet For Beginners) Mediterranean Diet: 365 Days of Mediterranean Diet Recipes (Mediterranean Diet Cookbook, Mediterranean Diet For Beginners, Mediterranean Cookbook, Mediterranean Slow cooker Cookbook, Mediterranean) SALADS: The 500 Best Salad Recipes (salads for weight loss, salad, salad recipes, salads, salad dressings, salad dressing recipes, paleo, low carb, ketogenic, vegan, vegetarian, salad cookbook) Mediterranean Diet Cookbook: 44 Delicious Mediterranean Diet Recipes For Beginners + FREE WORKOUT & MEAL PLAN INSIDE !: Mediterranean Diet Cookbook, Mediterranean Diet For Beginners, Mediterranean Vegetarian: High Protein Vegetarian Diet-Low Carb & Low Fat Recipes On A Budget( Crockpot,Slowcooker,Cast Iron)

(Vegetarian, Vegetarian Cookbook, Vegetarian ... low carb, Vegetarian low fat) Salads: 365 Days of Salad Recipes (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Salad) Mediterranean Diet: 150 Recipes to Lose Weight, Get Healthy and Feel Great (Mediterranean Diet, Mediterranean Diet For Beginners, Mediterranean Diet Cookbook, Mediterranean Diet Recipes) Mediterranean Diet: Mediterranean Slow Cooker Cookbook - Easy & Delicious Mediterranean Diet Recipes (Mediterranean Diet, Slow Cooker Cookbook, ... Diet For Beginners, Mediterranean Recipes) Vegetarian Cookbook: 101 Family-Friendly Vegetarian Recipes Inspired by The Mediterranean Diet for Better Health and Natural Weight Loss: Mediterranean Diet for Beginners (Healthy Cooking) Vegetarian: Everyday : Vegetarian For Beginners(vegetarian paleo, vegetarian health recipes, vegetarian weight loss recipes, vegetarian weight loss, vegetarian ... book) (healthy food for everyday Book 2) Mediterranean Diet: Mediterranean Slow Cooker Cookbook - Over 100 Easy & Delicious Mediterranean Diet Recipes (Mediterranean Diet, Slow Cooker ... Diet For Beginners, Mediterranean Recipes) Slow Cooker Soup Recipes: 50 Most Delicious & Healthy Slow Cooker Soup Recipes for Better Health and Easy Weight Loss (Soup Recipes, Chicken Soup ,Soup Cookbook ,Slow Cooker Soup Recipes) One-Pot Cookbook: Family-Friendly Everyday Soup, Casserole, Slow Cooker and Skillet Recipes Inspired by The Mediterranean Diet (Free Gift: Superfood Salad Recipes) (Healthy Eating Made Easy Book 6) 101 Soups, Salads and Sandwiches: Family-Friendly Recipes Inspired by The Mediterranean Diet (Free Gift): Superfood Cookbook for Busy People on a Budget (Mediterranean Cookbook for Beginners) Mediterranean Diet Cookbook: The Healthy Living Mediterranean Diet Guide for Smart People – With Kitchen Tested Recipes & Diet Success Tips (Mediterranean Diet, Mediterranean Diet for Beginners) KETOGENIC DIET VEGETARIAN: 120 BEST KETOGENIC VEGETARIAN RECIPES (weight loss, ketogenic cookbook, vegetarian, keto, healthy living, healthy recipes, ketogenic diet, breakfast, lunch, dinner, vegan) Instant Pot CookBook For Vegetarian Legends: Electric Pressure Cooker Guide Through The Best Vegetarian Recipes Ever (vegetarian, Instant pot slow cooker, ... lunch, dessert, dinner, snacks, SERIES 2) Instant Pot CookBook For Vegetarian Legends: Electric Pressure Cooker Guide through the best vegetarian recipes ever (vegetarian, Instant pot slow ... lunch, dessert, dinner, snacks, for two)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

FAQ & Help